

Come to the English & Scottish Country Dance Workshop and Party



Sunday, April 14, 2019



Featuring charismatic, fun-loving teachers

David Newitt & Alan Twigg

Dancing to live music with
Susan Worland, strings, and
Lyle Ramshaw, piano!

St. Bede's Church
2650 Sand Hill Rd.
Menlo Park, CA

- 2:30 pm: Doors open, chatting, warm ups/stretching
3:00 – 6:00 pm: Workshop - alternating English & Scottish dances at all levels
6:00 – 7:00 pm: Potluck dinner, bring your favorite dishes. Snacks for the workshop also appreciated. No oven; refrigerator and microwave oven available.
7:00 - 8:30 pm: Dancing to our English and Scottish favorites

Donation: \$16

David has been sharing his passion for many forms of dancing since his days at Swarthmore. He and his wife, Heather MacKay, are founding members of The Humuhumunukunuku Apua'a and Strathspey Society Band – the world's best Hawaiian-themed Scottish and English Country Dance band.

After receiving the Royal Scottish Country Dance Society teaching accreditation at St. Andrews, Alan has been teaching regular weekly classes serving as a guest instructor at weekend workshops across North America. Both teachers emphasize the joys of these social dance forms. See next page for full bios.

Send your requests for both the workshop and party dances to LucySChang@gmail.com or Karen at kregonia@me.com. No partners needed. We change partners after each dance. All dancers welcome; however, basic knowledge of the fundamental of English & Scottish country dancing is beneficial

Sponsored by the Moveable Feet Club



Biography – Alan Twigg

With Scottish heritage on both sides of his family, Alan developed a love for the traditional music at an early age. His parents danced with the Reel & Strathspey Club that preceded formation of the San Francisco Branch of the Royal Scottish Country Dance Society and often took him to Highland Games and pipe-band concerts as a child.

Alan himself discovered Scottish Country Dancing as a college student, among other dance forms such as ballroom and international folk. The music resonated with some early memories, and the intricate patterns of SCD stood out from the other styles. He soon sought out a weekly class, then two...

Alan passed both of the RSCDS teaching exams at St. Andrews in the 1980s, and has been teaching regular weekly classes at various levels ever since. He has served as a guest instructor at weekend workshops across North America and tutored candidates for teaching exams. He also continues to participate in SCD performances, chiefly with the Red Thistle Dancers. Favorite memories include choreographing and performing a sword dance for the San Francisco Opera as well as teaching and performing in Norway, the Czech Republic, and Russia.

Recent projects include expanding the audience for SCD among the international folk dance and contra dance communities. To support his dance hobbies, Alan makes his living as a technical writer/editor in the computer industry.

Biography - David Newitt

David arrived at Swarthmore College in 1976 and was shocked and dismayed to discover a two-year physical education requirement. Faced with the alternatives of football and "folk and square dancing" the choice was clear, and he has been dancing ever since: International folk dancing, English and Scottish Country Dancing, Morris and sword teams, contra dancing. All are wonderful community activities, and sharing them has been his passion for over 40 years.

Along with his fiddling wife Heather MacKay, David also loves playing music for English and Scottish dancing. They are founding members of The Humuhumunukunuku Apua'a and Strathspey Society Band – the world's best Hawaiian-themed Scottish and English Country Dance band.

When not dancing, David studies pictures of people's insides, doing research utilizing MRI, specializing in body parts that start with "b."

